



2020-2021 Season

Although the world is full of suffering, it is also full of the overcoming of it. – Helen Keller

It was a year full of challenges, hardships, and uncertainty. The skating season certainly did not look like previous years however we are pleased to say with the outstanding efforts from our skaters, coaches, volunteers, and officials that our season was considered a triumph in many ways.

One of the projects that was an overwhelming success was our **E.D.G.E** monthly elements challenge. We started this project in January 2021 and were thrilled to see over 900 submissions during that month. These challenges gave both the skaters and coaches something to work towards and gave our officials the opportunity to be involved in what they love! Even though it was a virtual setting, the positive feedback was tremendous, and this is a project we hope to continue throughout the 2021-2022 season.

On the next page you can see a sample of our Elements Challenge:

- Skaters from STAR 3-Gold were included
- We created an easy-to-use Google doc where coaches submitted the element video(s)
- The top 5 performers for each element were sent award ribbons
- We had random prize draws for both skaters and coaches
- Monthly winners were highlighted on our SCNL social media pages





SKATECANADA

E.D.G.E Series - Elements Challenge (January)

We are excited to provide an opportunity to the skaters at the STAR 3 and higher level. Each month there will be a series of “Challenges” for each level and coaches will submit the videos via the online tool.

Who is Eligible: Skaters at the STAR 3-Gold levels.

Deadline to Submit: Sunday January 31, 2021

How to Submit: [Google Form](#)

January Elements: Please note it is not necessary that skaters complete all elements at their level. They may choose to just participate in 1 or 2 elements if they wish.

LEVEL	ELEMENT 1	ELEMENT 2	ELEMENT 3
STAR 3	Sit Spin (most revs)	Most single loops in combination	Longest Fwd. Spiral (unsupported)
STAR 4	Sit Spin (most revs)	Most single loops in combination	Longest Fwd. Spiral (unsupported)
STAR 5	Sit Spin (most revs)	Combo Jump (1 single and 1 double incl.)	Longest Fwd. Spiral (unsupported)
STAR 6	Fwd. Camel Spin (most revs)	Double+Double Combo Jump	Longest Fwd. Spiral (unsupported)
STAR 8	Fwd. Camel Spin (most revs)	Double+Double Combo Jump	Longest Fwd. Spiral (unsupported)
STAR 10	Fwd. Camel Spin (most revs)	Double+Double Combo Jump	Longest Fwd. Spiral (unsupported)
GOLD	Fwd. Camel Spin (most revs)	Most double jumps in combo	Longest Fwd. Spiral (unsupported)

Results: The top 5 achievers for each element/level will be highlighted on SCNL website/social media.

Incentives: Random prize draws for both skaters and coaches will take place each month.

Good Luck and Happy Skating!!!

